

Article 1

NAME

The name of the Association shall be:

INSHS “International Network of Sport and Health Science”

Article 2

ADDRESS

The official address of the association is:

Joël Gaillard

INSHS

22 Rue de la Gare

57420 Coin-sur-Seille

France

Mail: inshs.nancy@gmail.com

Web site : <https://www.inshs.info/>

REGISTER N°. Volume : 177 Folio n°85







INSHS - International Network of Sport and Health Science

Official website: <https://www.inshs.info/>

Mail address: inshs.nancy@gmail.com

Join us on Facebook: <https://www.facebook.com/inshs.page/>

MAIN EVENT: the annual „Convention and International Workshop” at spring time organized by the association in different countries.

The Convention 4 main standard part programs are:

- a.) The General Meeting
- b.) The Meeting of the Executive Committee
- c.) Open Forum for Networking
- d.) International Workshop – open for oral presentations and e-posters.

OUR SLOGAN:

“ To Connect. Being Connected in Sports Science”

What does it mean "networking"? It means a thematic collaboration/cooperation between partners. It means saving money and time and importantly easy communication. Advantages to network member institutions are: no unwanted obligations, no bureaucratic administration, no participation fee, and free choice for being involved in projects. International Network in Sport and Health Science (INSHS) is a perfect example of a good functioning higher education thematic network. INSHS is open, innovative network in the field of sport and health sciences.

It was established in 2005 by the Institute of Sport Science of University of West- Hungary (former Berzsenyi College) Szombathely (Hungary). The new coordinator institute of INSHS has been the University of Lorraine since 2016. INSHS network had currently 23 member institutes not only from 15 countries from all around Europe, but also from Non- European countries. This number might be constantly growing because INSHS – as a new association from 2018 - is going to be open for universities, other professional networks outside of Europe as well. The members are at the moment HEI's which are involved in sport and health science. But! A new change, initiation from September 2017: INSHS will be open also for individuals: academic staff, researchers, students, coaches, etc. who could apply for individual membership!

Executive Committee
President: Prf Dr. Joel Gaillard

Postal Address : Joël Gaillard INSHS [22 Rue de la Gare 57420 Coin-sur-Seille](#)
[Office : +33 372/746/716 : \(9 AM- 12 AM\)](#)
Mobile : + 33 630/374/090
Email: inshs.nancy@gmail.com



Dr. Joel Gaillard is an author of publications in international scientific journals, he has delivered several keynotes and invited presentations, and over 80 oral conferences and paper presentations. He is working in the field of physical education and school failure for French Ministry of Education and in the field of youth physical activity and management for the Department of Physical Education and Sports of University of Lorraine.

Dr. Joel Gaillard actively participates in scientific activities at the international level: member of Scientific Expert and member of several international scientific institutions: ALESDE, EN3S, INSHS, Social Sciences and Humanities Research Council (SSHRC) ...

- Member of several Editorial Board (Spark ...)
- He is a leader and member in a number of scientific, study and experimental development projects at national and international levels :
 - ♣ Elen2learn: Explore and promote the contribution of ICT and digital media in supporting the development of learning to learn competencies in lifelong learning transitions.(elearn2learn project explained)
 - ♣ Alive and Kicking : is a program based on the humanitarian values of E.PSY.ME aided by the knowledge provided by Sport Psychology and its beneficial impact on people's lives (www.alive-kicking.org)
 - ♣ School failure and vocational school: Our academic work tends to propose and design a new teaching schedule named the "Three Dimensional Alternative Process".



- ♣ Sport, territories and social issues: sports practices evolved from a leisure activity into wide extent because of the collective infatuation that sport generates
- ♣ Sports practices and disabilities: The main goal is to try to understand why and how sports activities can help to generate a transformation of self and social perception of our identity.

**Vice President:
Dr. Jose Antonio Perez Turpin**

Email: Jose.perez@ua.es

Associate Professor of the University (area: Physical and Sports Education)



Category: Doctor in Sport Sciences, by the University of Alicante

Academic training:

- * Doctor by the University of Alicante
- * Bachelor in Physical Education from the University of Granada
- * Degree in Psycho pedagogy from the University of Alicante
- * Master Specialist in Physical Education by the University of Alicante

Teaching experience: Since 01/10/2000 he was a professor at the University of Alicante, a collaborating professor, a collaborating professor, a hired teacher and a University Professor. Teaching Merits: 5 triennials and 3 quinquennials of teaching Merits Researchers: 2 research sections by the Ministry of Education (2003-2008 and 2009-2015)

Lines of research: During these years he carried out research in the main areas, carried out the sports initiation and the other on the analysis of sports performance, conducting the direction of 15 doctoral theses, leading 31 research projects and publication of 108 articles, of which 34 papers are published in Journal Citation Report

Directed theses: 15

Other Academic Merits:

Member of the Editorial Board of 7 journals in the Journal Citation Report

Other Professional Merits:

- 1.-Physical Trainer of the Lucentum Basketball Club (ACB)
- 2.-Physical trainer of the Spanish selection of beach volleyball

General Secretary: Dr. Henriette Dancs

Office: [+36 94 504 419](tel:+3694504419),
Mobile: [+36 30 570 2044](tel:+36305702044)
Email: dancsh.spn@gmail.com
henriette.dancs@pressenger.com



- MSc in Sport Science - Semmelweis University Budapest, 1981 - 1985
- University Doctor in Sport Science - Semmelweis University Budapest, 1993 - 1995
- MSc in European Studies - Berzsenyi College, Szombathely, 2002- 2004
- PhD in Sport Sociology/Sport Development: Theme: "*Sport Contribution to Sustainable Development European Dimension*" -Semmelweis University, Budapest, 2002 - 2007
- Dr. Dancs has been interested in Sport Sociology, Sport Management, and Notational Analysis for over 25 years. She is an associate professor in university ELTE, Szombathely,(Hungary, Budapest). She has published over 50 papers and she is a regular keynote speaker at international conferences.
- Henriette has also contributed to over 10 books and organized 35 international conferences over the years. Her areas of expertise in Sport Sociology are Sport and Sustainable development, EU and sport, Sport and Globalization, Sport and Intercultural Communication. Her field of expertise in Notational Analysis are: technical, tactical movement analysis in Volleyball and in racket sports includes modeling, perturbations.
- She is the Founder and Coordinator (2005-2017) of the International Network of Sport and Health Science (INSHS).
- She is the founder of the traditional International ISNHS Christmas Sport Scientific Conference started in 2006 in Szombathely, Hungary.



→ AS keen networker and innovative project manager she is involved in many international projects and programs.

**Executive Committee members:
Dr. Abdul Waheed Mughal**

Email: dean.ss@suit.edu.pk
chiefeditor.spark@suit.edu.pk



Prof. Dr. A. Waheed Mughal holds PhD degree in Sport Sciences obtained from Leipzig, Germany and served various institutions/ associations of Pakistan in different Capacities. He is a writer of more than 45 books of Sports Sciences & Physical Education. He represented Pakistan in international forums in Australia, Germany, Manchester, Bangladesh, India Singapore, Indonesia, Malaysia, Hungary, Jordon, Germany, Egypt, North Korea and Turkey. At present, he is serving as Dean, Faculty of Arts, Social Sciences and Education, Sarhad University of Science and Information of Technology, Peshawar.

Office Address:

Ring Road, Landi Akhun Ahmed, main Campus, Sarhad University of Science and IT, Peshawar-Pakistan

Official Status: Dean, Faculty of Arts, Social Sciences and Education

Contact Number:

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Dr. Mike Hughes

Email: mikehughes@data2win.org



Professor Mike Hughes has been interested in Notational Analysis for over 30 years. „Father” of Performance Analysis”...He has worked as an analyst with NGB teams in squash, hockey, soccer, rugby union, tennis and badminton. He has published over 160 research articles; he is a regular keynote speaker at international conferences both for academics and coaches.

Mike has also written and contributed to over 28 books and organized 30 international conferences. His areas of expertise include modeling, perturbations, tactical and technical analyses, and movement analysis. Recent research covers work in performance indicators in soccer, racket sports, performance indicators in basketball, cricket, sports acrobatics, perturbations in soccer, women's squash, reliability techniques in performance analysis and scoring goals in soccer.

He was the Founder and now President, of the International Society of Analysis of Sport (ISPAS), and also founded the International Journal of Performance Analysis of Sport. He is Chair, Performance Analysis Sub Group, INSHS. Mike is a Visiting Professor to 9 universities worldwide, accredited Level 7 by ISPAS, BASES Accredited 'Sport and Exercise Scientist', and as a Level IV squash coach, he coached English and Welsh national squads and the GB University squash squad.

He is Professor Emeritus and works as a retired guest professor in different universities all around the world.

Dr. Anita Hoekelman

Email: anita.hoekelmann@ovgu.de



Academic Degrees:

State exam for a Teaching Position in Elementary Schools (German, Mathematics and Sport)	IFL Nordhausen
Diploma in Sport Science	Sport University, Leipzig
Doctorate in Pedagogy (PhD)	Pedagogical College, Magdeburg
Doctoral Dissertation	Sport University, Leipzig
Professional Experience	

1996 – 2015 Professor, Department of Movement Science at Department of Sport Science at Otto-von-Guericke University, Magdeburg
 Course director of international master study “Performance Analysis of Sport” Module leader: Motor control and motion analysis, Manager of DAAD projects

Primary Research Interests

- The effect of music on basic physiological functions under different sets of conditions
- The influence of music on the movement composition (improvisation) by female dancers and gymnasts
- Development and testing of a computer-supported learning program technique acquisition training in Rhythmic Gymnastics
- Technique acquisition: Interaction of mental and motor learning
- Music-oriented motor learning with hearing-impaired and deaf children

- Performance Analysis in Modern Rhythmic Gymnastics for Top-level teams in world group competitions and individual competitions
- Performance Analysis in Games (Handball)
- Cognitive and physical Fitness in Seniors, (Senior fitness)
- Development of Dance and Sport walker for dementia prevention and rehabilitation

Professional & Academic Association Memberships:

- German Association of Sport Science (DVS)
- German Association of Dance Research
- International Society of Performance Analysis of Sport
- International Association of Sport and Health Science (INSHS)
- International Council of Sport Science and Physical Education (ICSSPE)

Collegiate Athletic Experience

Nationally ranked in modern rhythmic gymnastics

Member of different dance groups

Overview

Prof. Dr. habil. Anita Hökelmann has authored more than 150 scholarly publications (journal articles, monographs, book chapters, and copyrighted assessment instruments.) She has made 75 research and professional presentations at international, national, regional and state conferences and has directed 20 international dance workshops, 4 international conferences (2003, 2006,) the Congress of Performance Analysis of Sport (WCPAS 8) in 2008 as well the Conference “Active Healthy Aging (AHA 2015). She worked as Guest lecturer in Canada, USA, Russia, France, Italy, Poland, Check Republic, Norway, Hungarian, Ukraine, Latvia, Croatia, Slovenia and Greece.

She was and is:

Manager of 7 financed scientific projects, grants,

Manager of DAAD Projects from 2012-2017 “Transformation in academic teaching and research”

Winner of Erasmus Grand in 2013

Leader of the Senior Dance Academy in Magdeburg

Member of Editorial Boards in international Journals:

- International Journal of Fundamental and Applied Kinesiology, Croatia
- International Journal of Performance Analysis in Sport, UK
- Journal of Applied Sports Science, Alexandria Egypt
- Journal of Martial Art Anthropology, Poland
- Journal of Physical Activity, Nutrition and Rehabilitation, Greece
- Journal of Sport Science & Physical Education, “The Spark”, Pakistan

Professor Covadonga Mateos-Padorno
Universidad de Las Palmas de Gran Canaria

Email: covadonga.mateos@ulpgc.es



- Director of the Center for Olympic Studies of the ULPGC
- Professor and Researcher at the University of the ULPGC
- Doctor of Sports Science from the University of Las Palmas de Gran Canaria
- Bachelor of Science in Physical Activity and Sports
- Diploma in Advanced Studies (DEA) in Sciences of Physical Activity and Sport.
- National Athletic Trainer
- Vice-Dean of Infrastructures (2005-06) and International Relations of the Faculty of Physical Activity and Sport Sciences (2009-2014)
- Research stays in St. Petersburg (Russia), University of Austin (United States), Porto and Coimbra (Portugal), Santiago de Chile, Cuba, France, England, Murcia, Vigo, Jaén and Oviedo.
- Author of 20 publications in nation Author of 20 publications in national and international scientific journals
- Researcher in 10 research projects
- Member of 30 scientific and organizing committees of National and International Congresses
- Lecturer at 50 National and International Congresses
- Author of 10 books on athletics, sport of high level, initiation sport, woman in the sport of high level, feminine sport
- Address of 7 Doctoral Theses
- Fellow of the High Performance Center Sports Biomechanics Area
- High level athlete in athletics. Spanish champion and National indoor record in high jump
- International Absolute in athletics and medalist European Nations Cup).

María José Martínez Patiño
Professor of Sports Sciences.
University of Vigo, Spain.

Email: mariajosemartinezpatino@gmail.com



- Member of Panel of Experts on Hyperandrogenism and Transgender.
- IOC-Medical and Scientific Commission.
- Present Member of the Royal Olympic Academy Spanish Olympic Committee
- Co-Editor in Chief of the Journal of Human Sport and Exercise <https://www.jhse.ua.es/about/editorialTeam>
- Vice-President of the Spanish Association of the Performance Analysis of Sport
- HONORS & AWARDS
- 1983 Participant in the World Athletics Championships in Helsinki 1983. 100 m.h.
- 1984 Medalist in the European Nations Cup of Athletics. 100 meters hurdles and relay
- 1983 Distinguished as Best Athlete and Best International Athlete in 1983. Spain.
- 1983 Record of Spain of 100 meters hurdles & 60 m. h.
- 1989 Participant World Cup in Athletics. Barcelona 1980-
- 1992 Athlete of High Level (Council of Sports of Spain) in Track and Field
- 1980-1992 Member of the Olympic and National Team in Sprint, Hurdles and Relay

Article 3

MISSION STATEMENT OF THE ASSOCIATION

The aim of the INSHS shall be to provide and share easily accessible information and news about: scientific events, literature, jobs in sport and sport science, research, sport and technology, university sports, mobility programmes, learning/working abroad for university staff/students and international relation officers and professionals in the sport.

Article 4

OBJECTIVES

4. The Association shall have the following objectives:

The main strategic goals of INSHS are networking, improving any kind of cooperation/collaboration activities among the involved higher education institutes (HEi's), professional networks and individual members of the network. Thus enabling formal project partnerships in areas or disciplines that are shared by different HEi's members of the network. These areas are: joint degrees, curriculum development - BSc, MSc, PhD; programs, joint grants staff and student mobility; Erasmus and others, internships common research projects; publications, meetings (workshops/seminars), intensive programmes, conferences, other scientific and university sport events; and camps (skiing, water, tourism etc...)

- 4.1 To provide support and information for students, professors, trainers, coaches who are invested in the field of sport science;
- 4.2 To introduce future generations to international mobility and encourage students and staff to participate in international congresses;
- 4.3 To seek and promote, on a national level, the participation of the Sport Associations;
- 4.4 Receive and circulate to territorial stakeholders, universities and members any calls for papers proposed by scientific and or association committees;
- 4.5 To raise public and political awareness on public policies in the field of sport (physical activity) and health (prevention/protection);
- 4.6 To promote and present the interests of the association's members to the notice of local administration and authorities, international associations and other authorities;
- 4.7 To raise funds by means of subscription of members or otherwise for all the purposes and objectives of the association in such amounts and in such manner as may be authorized by the Executive Committee;
- 4.8 To form part of any national/international associations whose aims are similar to that of the association;
- 4.9 To encourage and promote research in the field of Health and Sport;
- 5.0 To promote any congress, conferences and other academic (scientific)

all over the world;

- 5.1 To do all that which is ancillary, incidental or conducive to the attainment of the above objectives.
- 5.2 To promote and support the 3 journals: JSHE and SPARK; International Journal of Fundamental and Applied Kinesiology;
- 5.3 To promote sponsors/supporters member institutions' products and services, events/programs;
- 5.4 To disseminate projects, programs.

Article 5

PUBLICATIONS

One Network, two online journals and a new Serie of Sport Scientific e-book called "*Recent Development in Sport Science*"

INSHS aims is to bulid up strong partnership with sport scientific journals and run them together and create its own serie of e-books at the same time:

JHSE



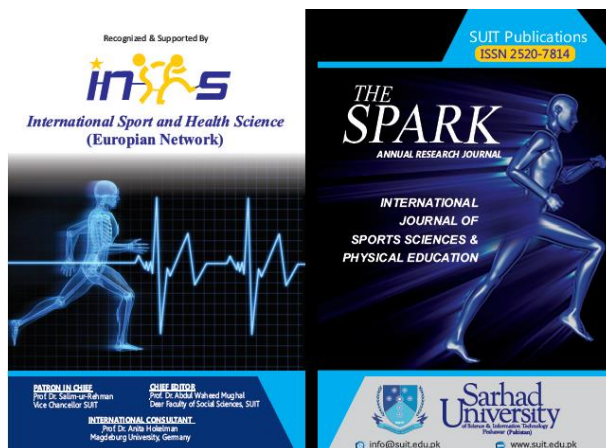
The Journal of Human Sport and Exercise is a scientific review published by the Research Group for The Sciences of Physical Activity and Sport, attached to the Department of General and Specific Didactics of the Faculty of Education at the University of Alicante. This publication is proof of the current development of Sports Sciences that are claiming their place as a potential field of knowledge in a world context.

Editor in Chief: Maria Jose Patino (University of Vigo, Spain)

Email: jhse@ua.es

Web site: <http://www.jhse.ua.es/>

The Spark



International Journal of Sports Sciences & Physical Education with the name of “THE SPARK” is a peer-reviewed an annual open-access International Academic/ Professional Journal, a publication of Sarhad University of Science and IT, (SUIT) Peshawar-Pakistan devoted to the promotion of Sports Sciences and Physical Education. THE SPARK encourages researchers who undertake and address different Sports, Sports Sciences, Fitness and Health related issues confronting the community.

THE SPARK provides an International forum for the communication and evaluation of data, methods, and findings in sports sciences and physical education. Being an International Journal, the articles/ research papers can be published by authors around the world. The journal publishes scientific publications according to the criteria listed in the Guidelines for the Authors at the website of the SUIT (Sarhad University).

THE SPARK welcomes research articles from sports scientists, health educators, coaches, athletes, trainers and research scholars profoundly involved in sports sciences and physical education to share their experiences and research findings with us.

Chief Editor:

Prof. Dr. Abdul Waheed Mughal (Sarhad University of Science and Technology-Peshawar, Pakistan)

Web site : <http://suit.edu.pk/spark/>

E-mail: chiefeditor.spark@suit.edu.pk



Recent Development in Sport Science (RDSS)

A new serie of sport scientific e-book.

RDSS is a cooperation project of Eotvos Lorand University – Institute of Sport Science (Szombathely-Budapest (Hungary) and University of Vienna - Institute of Sport Science (Vienna, Austria) and INSHS.

Published by: INSHS (Nancy, France)

Editorial Board: The member of the Executive Committee of INSHS

Editor in Chief: Mike Hughes

Editorial team: Henriette Dancs, Attila Szabó, Arnold Baca, and Joel Gaillard

About RDSS: a new serie of sport scientific books yearly one volume will be published in spring - Volume 1st: 2018. April/Mai

- content: reviewed and accepted full papers of the Xmas Conference participants.
- papers reviewed papers by the members of the Scientific Committee of the Christmas Conference including the keynote speakers and the editorial team of RDSS.

Contact: dancs.henriette@ppk.elte.hu and mikehughes@data2win.org

Website: <http://inshs.net/>

Article 6

GENERAL POLICY

- 6.1. The association shall be autonomous and voluntary.
- 6.2. The association shall be non-profit making and any excess of funds received or generated from its activities must always be reinvested in the same association.
- 6.3. The accounts of the association shall be reviewed or audited and published on a yearly basis.
- 6.4. Provided its autonomy is not affected, the association may collaborate with other entities on a national, regional or international basis in order to further its aims.
- 6.5. The association shall not have any political or trade union affiliation and it shall not indulge in party politics.
- 6.6. All prospective Members and Associate Members of the association shall have access to the statute of association upon demand. Prospective Members will be required to state that they are aware of the objectives of the association.

Article 7

STRUCTURE AND MEMBERSHIP

- 7.1 The affairs of the association, in all matters not in these rules reserved for the association in General Meeting, shall be managed by the Executive Committee of the association. Provided that the Executive Committee shall have, as its primary function but not limited to, the management and allocation of the proceeds of all fundraising activities.
- 7.2 A new member who wishes to form part of the Executive Committee should be a fully subscribed Member of the association for at least twelve (12) months, otherwise said the person can be co-opted and then becomes a full voting Member of the Executive Committee at such a date as the Executive Committee sees fit.
- 7.3 In order that a vote can be taken during a meeting of the Executive Committee, a minimum of three Members must be present and vote.
- 7.4 In the event of the resignation (or termination from post for other reasons) of an Executive Committee Member, the Executive Committee will co-opt other member/s to take his/her place. The other official Members of the Executive Committee will pass a vote as to who will be co-opted during a committee meeting. Any Member so appointed shall retain his office only until the next General Meeting, but he shall then be eligible for re-election.
- 7.5 Any Member not attending the Executive Committee meetings for three (3) consecutive times without a very valid reason will automatically have to step down. This will guarantee the continuity of the work of the Executive Committee.
- 7.6 The elected members of the Executive Committee will elect a Chairperson, a Vice-president, a Secretary, and a Treasurer from amongst them.

7.7 The Executive Committee shall be elected to office for a period of four years by secret ballot, electing those Members obtaining the highest number of votes.

7.8 No person who is not a Member of the association shall be eligible to hold office as a Member of the Executive Committee.

7.9 Nominations for the Executive Committee must be submitted on the appropriate official forms fourteen (14) days prior to the General Meeting. In the absence of prior nominations reaching the Executive Committee on the appropriate date, the outgoing Executive Committee may invite nominations from the floor on the day of the Annual General Meeting.

7.10 All persons under his own name or as a collaborative member of an institution and/or university are eligible to become Members of the association with full voting rights.

(Note: General Meeting is a part- program of the Annual Convention)

7.11 A member of the association shall have the following rights

- to participate and vote at the general meeting of the members;
- to authorize another person to participate at the general meeting of the members and to vote in it;
- to suggest its representative to the board;
- to suggest a candidature of the chairman of the association;
- to use the services provided by the association;
- to get familiarized with the documents of the association and to receive all available information about the association;
- to submit issues, suggestions, and recommendations for discussion by the general meeting of the members, as well as provide suggestions, questions and recommendations to the Board and Chairman of the association;
- to dispute the decisions of the general meeting of the members, the Board or chairman of the association;
- at any time resign from the association in accordance with the Statutes;
- other rights set forth in the legal acts and Statute of the association.

7.12 A member (both: the individual one and legal one) of the association shall have the following duties:

- to comply with the provisions of Statute of the Association and to properly discharge other duties associated with membership and member's activity in the association;
- to execute legitimate decisions of the general meeting of the members, the Board and Chairman of the association;
- to participate intensively in the activities of the association, to help seek the attainment of goals of the association;
- not to engage in any other activity contradictory to the goals of the

- association;
- not to perform actions, that may directly or indirectly harm the reputation of the association and/or its members, or cause them pecuniary loss;
 - other duties set forth in the legal acts and Statute of the association.
1. To send back before the 15 st of September 2019 an Official INSHS Membership Letter signed by the head of units (and the dean?)
 2. To appoint min one person/ organization who represent INSHS in the organisation an vica verse and fulfill INSHS requested tasks
 3. Participation (with min. one person- the INSHS contact person)on the yearly INSHS Conventions/Workshop
 4. To do efforts to dinance participation of student/staff of INSGS related scientific event
 5. To offer the possible organisation of the the yearly INSHS Convention/Workshop (at least once – only in Europe)
 6. To offer research topics to INSHS member institutions
 7. To participate on common INSHS research projects
 8. To provide regulary information and report the fulfilledINSHS tasks to INSHS executive committee by INSHS contact persons
 9. To promote INSHS through/on organisations platforms- staff and students also
 10. To offer reviewing opportunity by the staff of tge organization to INSHS related scientiific publications for free
 11. To make official agreements (Erasmus –if possible) with INSHS member universities
- (**Contact for membership request is:** inshs.nancy@gmail.com (Prof. Joel Gaillard) and copy also to dancsh.spn@gmail.com (Prof. Henriette Dancs)).

7.13 Membership : **Membership is open voluntary and free !**

It's simple, quick and free to join: just complete the Affiliate form in our Website (<https://www.inshs>) and we will contact you promptly to assess in detail.

The membership consists of the admission membership contribution and the annual membership fee. The levels of membership fees are approved by the general meeting of the members. New members of the association shall immediately pay one-off admission membership contribution fixed by the general meeting of the members and an annual membership fee for the current year.

Bank details of INSHS:

COMPTE COURANT ASSOCIATION INSHS
RIB : 10278 05900 00021690401 15

As Student: **NO FEE**
Conditions:



Once a member submits an application, it is reviewed by the INSHS team. If approved, the applicant receives a welcome email message with the necessary information. Applicants who are not approved will be contacted by INSHS individually: either with a request for further information or informing the applicant of INSHS's decision to decline the application.

Benefits:

- Receiving a substantial discount on registration for the annual INSHS Convention
- Participation possibility on a series of workshops on a topic that helps increase your effectiveness as a student.
- Getting access to INSHS' connections/database
- Getting access to INSHS Journals that publishes articles for INSHS practitioners. Articles are available online for your convenience.
- Getting INSHS Quarter Yearly Newsletter
- INSHS Member Discounts and Offers at some INSHS supported events
- Opportunity to promote yourself and your achievements through the INSHS network
- Face-to-face and online events and webinar in some cases
- Opportunity to promote yourself and your achievements through the INSHS network

As Teachers or academic staff:

Conditions:

Once a member submits an application, it is reviewed by the INSHS team. If approved, the applicant receives a welcome email message with the necessary information. Applicants who are not approved will be contacted by INSHS individually: either with a request for further information or informing the applicant of INSHS's decision to decline the application.

Benefits:

- Receiving a substantial discount on registration for the annual INSHS Convention
- Participation possibility on a series of workshops on a topic that helps increase your effectiveness as staff.
- Getting access to INSHS' connections/database
- Getting access to INSHS Journals that publishes articles for INSHS practitioners. Articles are available online for your convenience.
- Getting INSHS Quarter Yearly Newsletter



- INSHS Member Discounts and Offers at some INSHS supported events
- Opportunity to promote yourself and your achievements through the INSHS network
- Face-to-face and online events and webinar in same cases
- Opportunity to promote yourself and your achievements through the INSHS network

As University faculties/department/institute:

Conditions:

Once a member submits an application, it is reviewed by the INSHS team. If approved, the applicant receives a welcome email message with the necessary information. Applicants who are not approved will be contacted by INSHS individually: either with a request for further information or informing the applicant of INSHS's decision to decline the application.

Benefits:

- Receiving a substantial discount on registration for the annual INSHS Convention
- Participation possibility on a series of workshops on a topic that helps increase their effectiveness for international collaboration for all the faculty/department/institute members
- Getting access to INSHS' connections/database
- Getting access to INSHS Journals that publishes articles for INSHS practitioners. Articles are available online for your convenience.
- Getting INSHS Quarter Yearly Newsletter
- INSHS Member Discounts and Offers at some INSHS supported events
- Opportunity to promote yourself and your achievements through the INSHS network
- Face-to-face and online events and webinar in same cases
- Opportunity to promote yourself and your achievements through the INSHS network
- Promoting sport scientific and university sport events, programmes, courses organized by the faculty/department/institute

As company:

Conditions:

Once a member submits an application, it is reviewed by the INSHS team. If approved, the applicant receives a welcome email message with the necessary information. Applicants who are not approved will be contacted by INSHS



individually: either with a request for further information or informing the applicant of INSHS's decision to decline the application.

Benefits:

- Getting access to INSHS' connections/database
- Getting advertising possibility INSHS Quarter Yearly Newsletter
- Getting exhibition place on discounted price at some INSHS supported events
- Opportunity to promote your company through the INSHS network (events, web site, FB, other INSHS controlled platforms)

Article 8

POWER OF THE EXECUTIVE COMMITTEE

8.1 The number of members of the association shall be unlimited. The minimum number of members of the association shall be three.

8.2 The business of the association shall be managed by the Executive Committee which may pay all such expenses, preliminary and incidental to the promotion, formation, establishment, and registration of the association as they deem fit.

8.3 Legal representation of the association shall vest in the President/general manager, the Vice _President, the Secretary and the Treasurer.

8.4. No regulation made by the association in a General Meeting shall invalidate any prior act of the Executive Committee which would have been valid if such regulation had not been made.

8.5 The Members for the time being of the Executive Committee may act notwithstanding any vacancy in their constitution.

8.6 The Executive Committee shall consist of 8 Members of the association who shall be elected every two years at a General Meeting of The Association. At the expiration of the two years period the Executive Committee shall go out of office, however, Members of the Executive Committee are eligible for re-election.

8.7 The Executive Committee is authorized to consult and seek the advice of any Associate Member of the association with the aim of improving the welfare or condition of both its members and the association itself.

8.8 The Executive Committee is authorized to appoint an External Advisory Committees to support it in its role.

8.9 Executive meeting(s) 1-2 times a year: one at the annual conventions and the other at another INSHS supported event.

Article 9

PRESIDENT AND THE VICE - PRESIDENT

9.1 The President will preside at all Executive Committee meetings and General Meetings of the association. The President and the Vice-President shall undertake such functions in respect of the association as the Executive Committee may determine from time to time.

9.2 The Executive Committee will also elect from among its members a Vice-President and may determine for what period he/she is to hold office. The Vice-

President will preside on the Executive Committee with full powers in the absence of the President.

9.3. The Presidents and the Vice -President will be responsible for some the secretarial and administrative work of the Executive Committee.

9.4. Provided that in the absence of both the President and the Vice-president, and provided a quorum is available, the Executive Committee will have the power to appoint a substitute/s to conduct the meetings.

9.5 The Executive Committee may remove any Vice-President in which case he/she shall remain a Member of the Committee.

9.6 No remuneration (except by way of reimbursement of out of pocket expenses, if any) shall be paid to any member of the Executive Committee in respect of their office.

Article 10

GENERAL SECRETARY

10.1 The Secretary shall be elected at the General Meeting. The Secretary will be responsible for some the secretarial, administrative, promotional coordinational work of the Executive Committee and the assitiation.

10.2 The Executive Committee may elect from among its members an Assistant Secretary to assist the General Secretary if necessary. Any General Secretary so appointed by the Executive Committee may also be removed by them, in which case however he/she shall remain a member of the Executive Committee.

10..3 The General Secretary and his/her assistant shall undertake such functions in respect of the association as the Executive Committee may determine from time to time.

10.4 No remuneration (except by way of reimbursement of out of pocket expenses, if any) shall be paid to any member of the Executive Committee in respect of their office.

Article 11

TREASURER

11.1 The Treasurer shall be elected at the General Meeting. The Treasurer will be responsible for all the Financial and Accounting work of the Executive Committee.

11.2 he Executive Committee may elect from among its members an Assistant Treasurer to assist the Treasurer. Any Assistant Treasurer so appointed by the

Executive Committee may also be removed from them, in which case however he/she shall remain a member of the Executive Committee.

11.3 The Treasurer and his/her Assistant shall undertake such functions in respect of the association as the Executive Committee determines from time to time.

11.4 No remuneration (except by way of reimbursement of out of pocket expenses, if any) shall be paid to the Treasurer or his /her assistant in respect of their office.

The CONTACT PERSON(S) :

11.5 One or two person(s) who are authorized by the head of department/faculty/school of the university and/or of the organization to represent the department/faculty/school of the university and/or of the organization in INSHS and also represents INSHS in the department/faculty/school of the university and/or of the organization. In case the person of the Contact person would change, INSHS should be informed about it. The activity of the Contact Person is also a voluntary job.

Article 12

DISQUALIFICATION OF MEMBERS OF THE EXECUTIVE COMMITTEE

The office of an Official Member of the Committee shall be vacated:

- (a) If he/she ceases to be a member of the association.
- (b) If by notice in writing to the association, he/she resigns his/her office.
- (c) If he/she is removed from office by a resolution duly passed pursuant to Clause 12.1 of this Statute.

Article 13

SUSPENSION

13.1. The association may by a resolution taken at an Extraordinary General Meeting remove any Member of the Executive Committee before the expiration of his/her period of office if he/she is guilty of repetitive disruption of meetings, hinders the function of the association or breaks the confidentiality and trust of other Members or don't provide any participation/proposal within two years

13.2. The association may by the same or another resolution appoint another Member in his/her stead, but any person so appointed shall retain his/her office so long only as the Member in whose place he/she is appointed would have held the same if he/she had not been removed.

Article 14

PROCEEDINGS OF THE EXECUTIVE COMMITTEE

14.1. Subject as hereinafter provided, the Executive Committee may meet together for the dispatch of business, adjourn and otherwise regulate their meetings as they think fit. The Executive Committee shall meet at least once every month.

14.2. The quorum necessary for the transaction of the business of the Executive Committee shall be (50%+1 of the number of members on the Executive Committee as indicated in Article 6.3 of this statute) provided that if no quorum is present within half an hour from the time appointed for the meeting, the meeting shall be adjourned to another day within one week. If at such adjourned meeting no quorum is present within half an hour from the time appointed for the meeting, provided three (3) members are present, the meeting shall proceed accordingly.

14.3 Matters decided at any meeting of the Executive Committee shall be decided by a simple majority of votes. In case of an equality of votes, the Chairperson of the meeting shall ask for a re-vote. In the event of an equality of votes on the revote, the Chairperson of the meeting shall have a casting vote.

14.4 On the request of the President or his/her Vice-President, the Secretary shall, at any time, summon a meeting of the Executive Committee by notice (stating the time and place of such meeting) served upon the several members of the Executive Committee giving a notice of at least five working days. Any accidental failure to give such notice to any member of the Committee entitled there to shall not invalidate any of the proceedings of such meeting so long as a quorum is present thereat.

14.5 A meeting of the Executive Committee at which a quorum is present shall be competent to exercise all the authorities, powers and discretion by or under the regulations of the association for the time being vested in the Executive Committee generally.

14.6 The Executive Committee may delegate any of its powers to subcommittees consisting of such member or members of the Executive Committee or of such other persons as it thinks fit, and any sub-committee so formed shall, in the exercise of the powers so delegated, conform to any regulations imposed on it by the Executive Committee.

14.7 The Executive Committee shall cause proper minutes to be made of all appointments of officers made by the Executive Committee and of the proceedings of all meetings of the association and of the Executive Committee and of subcommittees of the Executive Committee.

14.8 All business transacted at such meetings, and any such minutes of any meeting, if purporting to be signed by the President and Secretary of such meeting, or by the President and Secretary of the next succeeding meeting, shall be sufficient evidence without any further proof of the facts therein stated.

Article 15

SUBSCRIPTIONS, FINANCES, AND ACCOUNTS

15.1.



(a) Applications for membership shall not be considered unless accompanied by the subscription fee.

(b) The subscription fee shall be payable yearly (12- months period) in advance and shall fall due as determined by the Executive Committee;

(c) If the subscription falls due and a Member has not yet paid the previous year's subscription, he/she shall not be entitled to vote in the next General Meeting;

(d) Any Member who resigns or forfeits his membership shall on re-joining be liable to pay a readmission fee equivalent to one year's subscription.

15.2 The funds of the association shall also be collected from voluntary contributions, donations or grants by Members, benefactors, the State, any other institution, and from fundraisig activities.

15.3 The funds of the association shall be deposited in bank accounts of a reputable local bank in the name of the association and the authorized joint signatories for operating such accounts shall be the President, the Secretary, and the Treasurer. The signature of the Treasurer and one other signature of the President or Secretary will suffice.

15.4. The Treasurer shall keep such proper books of accounts as will enable him/her to present at every General Meeting of the association, or at any other time if required (on reasonable notice to him/her) by the Executive Committee, an accurate report and statement concerning the finances of the association.

Article 16

GENERAL MEETINGS (at the Annual Conventions)

16.1 An Annual General Meeting of the association shall be held in every year at the Convention organized by the assotiation in different countries. Notice of the day and time of the Annual General Meeting shall be given to each member at least fifteen (15) working days before such day.

16.2 Other meetings of the association may be summoned by the Executive Committee and shall be so summoned immediately upon a request in writing signed by at least ten percent of the Members.

16.3 At any meeting of the association every member of the association shall be entitled to be present, and every Member shall be entitled to one (1) vote upon every matter raised. In the case of equality of voting, the President of the meeting (who shall be the outgoing President of the Executive Committee) shall have a second or casting vote. The Secretary shall take minutes of the proceedings at all General Meetings of the association.

16.4 The President shall present the Annual Report of the association to the Annual General Meeting.

16.5. The quorum for the Annual or any Meeting shall be ten percent (10%) of the general membership. In the absence of such quorum, the Meeting shall be held, with the same agenda, thirty minutes later and all decisions taken shall be binding on the association as a whole.

16.6. The auditors or reviewers of accounts shall be nominated and elected by the members attending and having a right to vote at General Meetings. No auditor or reviewer of accounts who has held office on the Executive Committee during the past twelve (12) months will be eligible for nomination. No auditor or reviewer of accounts shall run for office on the Executive Committee during the coming twelve (12) months.

Article 17

CONDUCT OF MEMBERS

17.1 Every Member shall conform to the association's Code of Ethics. Any Member or members alleged to have brought or attempted to bring disrepute on the association shall be asked to appear before the Executive Committee and if in the opinion of the Executive Committee, the case be found proven, the Member shall be deprived of his/her membership. If the said Member fails to appear before the Executive Committee without justification he/she shall be deprived of membership.

Article 18

FURTHER GENERAL ISSUES:

18.1 Rights And Duties Of any Members: (individual persons and legal persons faculties/institutions/department of a university) the association related to INSHS development are regulated in the statutes.

18.2 Attendance on INSHS related events: Students/researches/academic staff/admin staff of every member universities should always attend (at least to serious effort to attend) to INSHS related events (which organized of one of the INSHS member universities and/or sponsors/supporter) and keep an eye out of new announcements of INSHS.

18.3 Social media activity: INSHS member's universities or independent individuals organized events, projects, programmes, publications and other professional information and announcement should be posted onto the INSHS FB account (min. 1 post/month/individual member or legal member).

18.4 Convention attendance: Each independent and university INSHS member should attend (at least to do srious effort to attend) on the yearly INSHS Convention and International Workshop.

18.5 Promotion of INSHS: Should first and foremost promote INSHS association and/or Network through their professional contacts and web platforms, events, publications, events.

18.6 Making effort for recruiting new INSHS partners: Wherever possible support projects that are organized on a regional/national/international basis in an attempt to bring them into contact with the Network members.

18.7 Reviewing duties: Independent members, and members of faculties of INSHS universities, undertake to review duties on a voluntary basis at SPARK, JHSE and International Journal of Fundamental and Applied Kinesiology and also at the "Recent Researches in Sport Science" – the INSHS and Eotvos Lorand University Sport Scientific series of an e-books..

18.8 Support of management: by providing innovative, creative ideas and any type of intellectual or financial to make INSHS an expansive professional global association/network.

Article 19

NOTICES

19.1 Each Member shall keep the President and the General Secretary informed of that Member's private address, email address, or of some other address at which communications may be addressed to him/her (see: contact emails earlier above).

Article 20

ALTERATION OF STATUTE

20.1 This Statute may be revoked, added to or altered by a vote of at least fifty one per cent of all the registered Members of the association who are entitled to vote at a General Meeting of the association of which notice has been duly given specifying the intention to propose the revocation, addition or alteration, together with full particulars thereof.

Article 21

DISSOLUTION

21.1 If at any time the association shall pass in General Meeting by a majority comprising seventy-five percent (75%) of all the registered Members present and entitled to vote a resolution of its intention to dissolve, the Executive Committee shall take immediate steps to settle any debts, and dispose of the monies and property remaining as determined by the General Meeting; and thereupon the association shall for all purposes be dissolved.

21.2 In the event of dissolution of the association, any remaining funds and/or property shall be donated to a voluntary non-profit making association or a charitable institution chosen by the outgoing Executive Committee.



Signed President: Joel Gaillard

Signed Vice President: Jose Antonio Prez Turpin

Signed Secretary:Henriette Dancs

Signed: Treasurer:..... Joel Gaillard

Date: July 2019